

FOR YOUTH DEVELOPMENT, HEALTHY LIVING, AND SOCIAL RESPONSIBILITY



IMPACT IN ACTION

2018 ANNUAL REPORT GARDEN CITY FAMILY YMCA



Dedication: Ron & Peggy Petz

By Chad Knight, CEO—

Every year we submit nominees for our book dedication, and this year it was a simple choice. When I nominated Ron and Peggy Petz, the management team unanimously said “We don’t need to vote.” They were the clear-cut favorite to win the 2018 book dedication. This book highlights the mission moment stories and our annual recognition and celebration winners for this past year. They both cared for the YMCA and enjoyed their time here. They obviously left an impression with our team members, as well, as no one hesitated to vote for them as our winners! They came to the YMCA for over 30 years and enjoyed their time working out and playing racquetball. I will miss seeing Ron and Peggy come to the YMCA. They came in to cancel their membership about two years ago when Ron



was battling cancer, and he said he’d be back. He said it was killing him to not come to the YMCA and he was missing it. During our visit, he was more worried about the YMCA and me than his own health. When I attended the funeral for Ron with Greg Calzonetti, Boyd Funk and Blaine Davis, I discovered the ideal person to write the tribute: Blaine Davis. Blaine talked about their friendship, their trips together, building his ranch house and many other things they did. This left me no choice but to ask Blaine to write their dedication.

Ron and Peggy were great members of our YMCA for a long time and built some lifelong friends along the way. Here is one of Blaine’s stories:

“It has been a great personal honor to know Ron and Peggy Petz for more than thirty years. Starting around the racquetball courts here at the Garden City Family YMCA, our friendship grew to the point that it became a highlight of each day anticipating the fellowship we would share. Throughout the years, we played single, doubles and “cut-throat” matches amongst us three and many other Y members. My fondest remembrances were double matches with Ron and me challenging Reverend Lyle Stuehrenberg and his youth director, Leland Jackson from the Trinity Lutheran Church. Ron and I jokingly referred to these contests as, “the heathens vs. the Christians.”

Conversations in the locker room after one of our noontime racquetball matches often centered on their passion for fishing and the Gulf Coast. Knowing this is where the best “mudbugs” or commonly known as crawfish come from, I professed my appetite for such and asked if he could “score” me some? Returning from their very next trip, Ron rewarded me with three dozen or so of these little delicacies.

Many more memories reached beyond the racquetball courts to the “road trips” with Ron to Russell Springs in northwest Kansas. Having designed Ron and Peggy an earth-sheltered bunk house/hunting cabin there, we often ventured to check on the construction progress. But, really it might have been an excuse for Ron to show off something he was most proud of: his Red Angus cattle breeding herd that were pastured nearby. Intermixed with these visits to the construction site and their grasslands were discussions of early history of the area, visits with neighboring ranchers, scouting for wild turkey and native deer populations and just plain camaraderie.

I give thanks for this friendship and will be ever grateful for knowing these two fine people.” ~Blaine Davis

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Congratulations 2018 Champions!

MERIT CHAMPIONS

Awarded to supporters of the YMCA who consistently fulfill the YMCA mission.

Esther Selee	Real Men Real Leaders	Harry Nolde
Kurtis Jacobs	Susan Rivera	Terry Darden
Susan Ziegler	Patrice Shelton	Brendan Stoy
Roni Knight	Michelle Mayo	GCHS Coaches

Golden Plains Credit Union

MISSION CHAMPIONS

Awarded to special volunteers who provide outstanding service and leadership. This award is primarily focused on program volunteers who dedicate their time and energy to ensure each YMCA program benefits those involved.

Roni Knight	Linda Selee	Jim Randall
Terry Darden	Geovannie Gone	Johnette Hebrlee
Stephanie Davidson	Scott Selee	Jennifer Ramos
Royal Taylor	Harry Nolde	GCHS Football Coaches

SERVICE AWARDS

Congratulations to the following team members on completing

5 YEARS OF SERVICE!

Crystal Ibarra
Liz Foster
Stephanie Davidson
Tasha Jackson
Kandace Kennis
PT Pinchon
Andrea Reyes
Gloria Riojas

TEAM CHAMPIONS

Awarded to team members who provide outstanding service and leadership, and exemplify our core values.

Liz Foster	Monica Martinez	Valerie Terrazas	Manuel Terrazas	Alicia Johnston
Aaron Riojas	Susan Rivera	Valerie Molina	Glory Riojas	Brendan Stoy
Gabriela Reyes	Andra Downing	Andra Molina	Aaron Riojas	Cassandra Bribiesca
Kasey Copeland	Juan Martinez	Rosie Perez		
Madison Wilson	Andrea Reyes	Maria Ortega		

ASC ALLSTARS

These individuals excelled in their campaign promises and reached the "Goal Buster" level of recognition.

Adriana Calderon (MVP)	Kandace Kennis	Ryan Pfannenstiel
Luis Beatriz	Floyd Whatley	Johnette Hebrlee
Joe Gonzales		

Congratulations 2018 Champions!

MEMBER CHAMPION:

Oswaldo Martínez



By Krystal Richardson, Branch Executive Director

In working at the Y we are all so BLESSED to see so many people reach their goals and become the best for themselves. Over the last few years we have all been able to witness Oswaldo coming in day in and day out, sometimes multiple times per day. I was super impressed with his drive and dedication and no matter the weather, he was there for his workout. His story began about five years ago. Growing up he was ALWAYS overweight and never really thought much about it. He decided to start this healthier lifestyle journey and in the same instant found out that his father was diagnosed with cancer and would later pass away due to this illness. It was then that he knew he could no longer take his own life for granted and began his journey to getting healthy. He had joined the YMCA and started working towards his personal goals. He started at 280lbs and is now at 235lbs; isn't this AMAZING?! Now he says his son is his motivation to continue with his healthy lifestyle and be the BEST example for him. We are all so PROUD of Oswaldo's accomplishments and CONGRATS on being such and inspiration to so many!

By Krystal Richardson, Branch Executive Director

Adyen Wallace is an absolute blessing to our childcare program and everyone he befriends! Day in and day out he exemplifies what this award stands for.... our core values! He is very CARING toward others, is HONEST in ALL his words, shows RESPECT in all he does and is responsible for his actions. He has been a part of our Summer Camp program since 2017, and recently started in our After-school program at the Y. We pick him up daily from Holcomb and bring him to the Y. It is through these daily routes that Ayden has grown so much. I see him holding the door for others, helping them buckle up, reading to them and helping them with homework. He cares about the well-being of others in the program as well as counselors. He is never asked to do something he knows he needs to do. He always has his head high and will help at the drop of a hat. He is an example to all the other kiddos in the program as well as staff! As you can see, Ayden is quite an AMAZING young man that we are so blessed to have in our childcare program. He goes above and beyond in everything he does, and it is so rewarding to see his interactions and growth every day. I am truly honored to be a part of his life as a staff, friend and a mentor! I will continue to encourage, protect, educate and support him daily. Thanks, Ayden, for allowing me to be a part of your life and

Congratulations!

CHARACTER DEVELOPMENT CHAMPION:

Ayden Wallace



Congratulations 2018 Champions!

MAC FORMAN COURAGE CHAMPION: *Paula Prokup*



By Stacy Castoe, Healthy Living & Dome Director–

I started back at the YMCA in August 2018, and in September I met Paula Prokop. She comes to the Aquacise II water aerobics class Mondays, Wednesdays and Fridays and has been for a few years. When I came back to the YMCA, I recognized many of the ladies that still attend the morning water aerobics classes and some I did not recognize. I wanted to make it a point to reconnect with the ladies and get to know the new ones, Paula was a new one. One day, when she finished with class my lifeguard asked me if I could walk Paula out to her car, I said "Of course." This was my chance to get to know her, and it was a blessing. We had a great connection. Not only were our personalities great, but we both also love NCIS. In April & June of 2018 Paula suffered a stroke. A few months after, in September, she was released to come back to water aerobics. Since then she has shown such great strength, courage and a positive outlook when she comes to class. She gets excited about getting in the water and walking. On top of water aerobics she is currently doing home therapy. She's improving every day with a smile on her face and such a positive attitude. I now look forward to Mondays, Wednesdays and Fridays to walk Paula out; she truly is an example of what a courage champion is.

By Brian Hultgren, Sports Director– I nominated Jose Celis for the Spirit, Mind, and Body award because as a youth indoor soccer coach Jose has coached his daughter since the age of three in both spring and the fall seasons. Jose is always quick to volunteer when we need coaches, and he coaches one and sometimes two teams. Jose's teams are always the most sportsmanlike whether they are winning or losing. Jose's teams always learn the game and he teaches the kids how to be upstanding citizens. They help tear down at the end of the day or help set up if they play at the beginning of the day. Jose helps with ideas and even officiating at the different levels. He never complains about officiating and teaches his kids to respect the refs and their opponents. Jose is a valuable asset to our soccer program, and he will be around for a while as he has kids still growing up and going through our programs.

SPIRIT, MIND, & BODY CHAMPION: *Jose Celis*



Congratulations 2018 Champions!

By Brian Hultgren, Sports Director–

I nominated Brian Hill for Youth Development Champion due to his work with the youth tackle football program. This year the tackle football program went through a lot of issues and challenges that Coach Hill helped with a lot. He helped the program with new ideas and implementing them throughout the year. Coach Hill and his staff helped a lot with the camps and Tuesday night practices for the boys. Coach Hill was also an integral part of finding us a field to play at after Horace Good was unable to facilitate our program due to the renovation of their track. Coach Hill and I really collaborated well this year to help improve many aspects of our tackle football program. Coach Hill will be an important part of our football program going forward and for many years to come. He and his staff also run our youth spring flag football program that runs in the month of April.

YOUTH
DEVELOPMENT
CHAMPION:
Brian Hill



JOHN WOODEN
YOUTH SPORTS
CHARACTER
CHAMPION

Isaac Baquera

By Brian Hultgren, Sports Director–

I nominated Isaac Baquera for the John Wooden Youth Sports Character Champion as Isaac has been an example of great character and sportsmanship continuously through his involvement in our youth sports programs. Isaac participates in both tackle football and boys' basketball. Isaac is a leader and a great example on all of his teams. He shows his teammates how they should act and represent themselves when playing. Isaac always gives one hundred and ten percent when playing and never backs down from a challenge. When watching Isaac play, I notice that he never takes a play off and is always hustling and doing what is asked of him to obtain success for his team. Isaac also makes sure to keep his team in line when things are not going their way. Win or lose Isaac always has a smile on his face and is having fun and making sure his teammates do the same. Isaac also always shows respect for his coaches, referees, and opponents. Isaac will be moving to the middle school



next year where I am positive that he will make a great impact on his teams and will continue to exemplify the values that he has learned here at the YMCA.

Congratulations 2018 Champions!

COMMITTEE
CHAMPION:

*Jamie Weaver-
Warren*



By Brian Hultgren, Sports Director–

I nominated Jamie Weaver-Warren for Committee Champion because she has served on the sports committee all three years that I have been in the Sports Director role. Jamie always brings great ideas and solutions to the table while also being rational and making the correct decisions for our programs. On top of also being part of the sports committee, Jamie is a volunteer coach within the Girls Basketball program for both of her daughters Ryann and Lakyn. With this she brings practical experience to the meetings and helps always bring up both sides of the coin. Jamie has continued to serve, and even with the changes to our committee meeting schedule (meetings every other month) she has only missed one meeting. Jamie has helped our program through a lot of hard times and will hopefully continue to help with the things that we will cross in the future.

By Crystal Ibarra, Membership Director– Tyson has been chosen to receive the “Partner in Health” award for 2018 due to their outstanding commitment to the Garden City Family YMCA and to their employees. Tyson has a little over 200 memberships with the YMCA. They have always been willing to continue to support the Y and their employees. It has always been a joy to work with them as partners in health and the relationships that have evolved due to this partnership have been wonderful. I’m always so thankful to work with people and organizations such as Tyson because of their devotion to their employees as well as the community around them. Thank you, Tyson, for your support, and I hope to have many more years to share in our partnership.

PARTNER IN HEALTH
CHAMPION

Tyson Foods, Inc.



We are what we repeatedly do. Excellence, then, is not an act, but a habit. ~ Aristotle

Congratulations 2018 Champions!

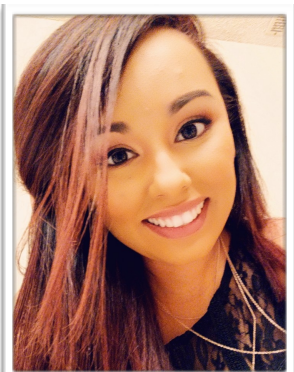
Healthy Heart Champions: Exceeding 200 visits in 2018

Asterisks represent the number of years our members have achieved the Healthy Heart Award

Quang Nguyen ***	463	Rosa Benmudez	244	Juan Godinez ****	212
Daniel Herrada ***	378	Brittnee Rodriguez	241	Ismael Hernandez	212
Oswaldo Martinez	363	Jennifer Ramos *	240	Juan Ramirez	212
Jack Crook ****	353	Johnetta Hebrlee *	239	Alex Barillas	210
Ramon Ibarra ****	311	Nancy Mejia ****	239	Linda Bencomo	209
Ignacio Ibarra ****	308	Rebecca McVey	231	Anthony Ortiz	209
Jay Edwards ****	307	Maria Velasquez-Alcantar	229	Eric Fournier	207
Scott Selee	295	Bryan Alfaro ****	228	Emily Bazan	206
Tasha Jackson ****	292	Tuan Le ****	228	Osmin Gonzalez	206
Luis Flores ****	281	Rosalia Del Rio ****	227	Timothy Ko	206
Geovannie Gone***	267	Miguel Rodriguez *	227	Eduardo Martinez	205
Cristian Duarte ****	265	Marvin Alvarez	226	Antonio Perez	205
Maria Arteaga	261	Charles Aguilera ****	225	Martha Saldana-Martinez	205
Carlos Jimenez ****	261	Blanca Ruiz	225	Gerardo Herrera	203
Juan Martinez	260	Obed Fernandez *	223	Daryl Hamlett	202
Miguel Duarte	259	Filberto Neave	222	Blanca Terrazas	202
Steven Lynch ***	259	Gustavo Cruz	221	Jonathan Lira	201
Charlie Stillian	256	Patricia Barahona	220	Carlos Martinez	201
Isaura Alfaro *	252	Steve Linenberger	219	Humberto Quezada	201
Randall McVey ****	252	Otto Mendoza	219	Haley Saager	200
Alberto Ramirez	252	Gretchen Shaffer	219		
Isaul Torres ****	252	Mark Pamplin	216		
Alan Zamarripa ***	251	Maria Hernandez	215		
Sebastian Kyaw ****	250	Darrett Burr ****	214		
Janet Ibarra ***	248	Bobbie Bagnell	213		
Leslie Stillian	248	Lara Blake Bors	213		

Congratulations 2018 Champions!

DANA POLSON
EMPLOYEE CHAMPION
Edith Gonzalez



By Crystal Ibarra, Membership Director–

Our Employee Champion for 2018 is Edith Gonzalez. Edith is a major part of our “Y family.” She started working at the Welcome Center in July of 2016. It can be a challenge at the Welcome Center because there are a lot of things to learn and keep

track of with the multiple program areas, but with Edith’s knowledge and patience she handles it well.

Edith is a great asset to our family here at the YMCA. She never complains about anything. She loves to be here to work and work out. Members always tell us “too bad you can’t clone Edith.” We are so lucky to have Edith as a part of our staff and we can’t thank her enough for her dedication to the Y!

By Steven Lynch, Family Director– The Arras Family consists of Jose, Alberto, and Javier. Jose is the father and Alberto and Javier are Jose’s adult children. The three of them have been members for several years now and they all three still utilize the YMCA on a regular basis. We love that they make it a point to come in together. It is always two of them and the combination of the two varies from day to day. All three of them are great people and always have the best attitudes. They’re easy to talk to from discussing weight lifting to, in Javier’s case, discussing his time spent in the army. Be sure to thank him for his service when you see him! Also tease him about the Chiefs; he loves the Chiefs but I always remind him that my Cowboys beat them last time that they played. Each of the Arras men are respectable, easy going, and great supporters of the YMCA. We are glad they are members here and enjoy coming in. So, Arras Family, thank you for your support!

HEALTHY LIVING
CHAMPIONS
The Arras Family



Congratulations 2018 Champions!

FAMILY CHAMPIONS *The Alvarez Family*



the YMCA. Thanks to the Alvarez family for being good examples for the community and our YMCA family.

By Steven Lynch, Family Director– The Alvarez Family was nominated because they always come in together when they visit the YMCA. Dad (Marvin) and sons (Jonathan, Jacob, and Jose) always come in to play basketball together and against other people when there are some other people here. They have also put a basketball team together for the Men's 5 on 5 league the last few years. They are truly a family that loves the sport of basketball. Their favorite team is the Lakers and favorite player is LeBron James. To both of those I say "Boo!" I give them a hard time because my favorite team in the NBA is the Kings and they haven't been good since the early 2000's, and right now they are ahead of the Lakers in the Western Conference standings. The gymnasium isn't the only part of the YMCA that they use, they also use the fitness center and the weight room. When they can't get in the gymnasium they can usually be found in the weight room. They all do a great job at showing our core values that we have here at the YMCA. They are all easy to get along with and are willing to help spot someone in the weight room or help show someone how to do an exercise. Plus, of course, they support

By Steven Lynch, Family Director– I nominated Justice Van Meter for Program Champion because he has been very active in programs at the YMCA this past year. He started with playing racquetball for something to do during the cold months and expanded from there. He participated in corporate cup and was also an event captain several times. Then it expanded into the Carl Myers Memorial and Turkey Shootout Racquetball Tournaments, followed by our fall racquetball league. One reason he was selected was because of his attitude in each program that he participated in. He is always positive, upbeat, and encouraging to everyone, from the YMCA staff to the participants. He also offers ideas or comments after programs, from positive feedback to ideas on how to improve the program. His wife Kayla is also a great help to programs. She participates in Corporate Cup and volunteers and helps when she can. Justice also showed interest in coming onto the Corporate Cup board to help with the planning and execution of the events. We all look forward to working with him in the coming year. Thanks for everything you do, Justice!

PROGRAM CHAMPION

Justice Van Meter



Congratulations 2018 Champions!

HUMANITARIAN CHAMPION

Drew Peterson



By Steven Lynch, Family Director– I nominated Drew for Humanitarian Champion because of the passion he has for the YMCA and the committee work he has done. He is on the Healthy Living Committee and he always has good ideas and is willing to fight for something that he feels needs to be addressed or changed. He also has a printing business and is always willing to help with prices of different materials for the marketing and promoting of the YMCA. He's also a big supporter of our Personal Training program. He wants to see the numbers continue to grow, and he helped with it by designing and donating some business cards for the personal trainers to hand out to anyone they want to receive a free personal training session. Recently Drew has informed us that he will be stepping down off of the Healthy Living Committee as he and his wife are relocating. He will still have his printing business and has assured us that he still wants to be involved in the YMCA any way that he can, it just might be more of a

long- distance relationship now. Thanks for all you have already done for the YMCA, Drew, and thanks in advance for anything you may still or continue to do for us. We look forward to seeing you when you are back in town visiting and wish you the best in the future.

By Chad Knight, CEO– Hector & Rosa Martinez represent the 2018 Ambassador Champions because of their commitment to two of our three focus areas: Healthy Living and Social Responsibility. In fact, in their tenure at our YMCA, they have demonstrated the third focus area with youth development. Hector would coach his kids in our soccer league and encourage his family to play and participate in many activities. They have been members at our YMCA for 17 years and enjoy playing racquetball. Hector and Rosa are active and dedicated Y members. They use the YMCA frequently and often together, which I love to see. They both helped with our Annual Support Campaign and Hector served on our Capital Steering Committee for the Dome. At our racquetball tournament in November, Hector spoke about his appreciation for the players coming to Garden City to play in our tournament and said we love to show everyone our great hospitality. He took ownership of helping and being involved. That is something we strive for our members to attain. Hector and Rosa have achieved the Y way. They are there to help the YMCA, our members, participants and the community. The YMCA is blessed to have such great Ambassadors in Hector and Rosa. They both are TRUE Ambassadors for our YMCA and their unrelenting faith, commitment and dedication to the Y. More importantly, their support for each other is truly magical and inspiring which makes them an excellent choice as our 2018 Ambassador Champions. Great Job Hector & Rosa!

AMBASSADOR CHAMPION

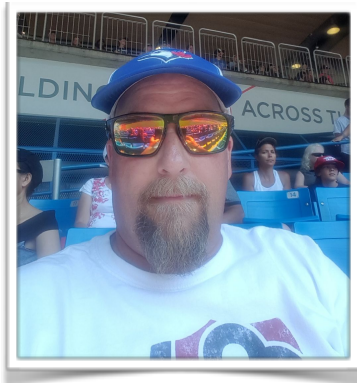
*Hector & Rosa
Martínez*



Congratulations 2018 Champions!

DARLENE MATHIAS
VOLUNTEER CHAMPION:

Kevin Campbell



By Chad Knight, CEO— Volunteers are critical to our success and serve as the backbone of our operation. Each year we recognize a volunteer who has exceeded our expectations. This year that person was Kevin Campbell. Kevin has served on our Building & Grounds Committee, but in

addition, this year he helped raise much needed funds in two of our Campaigns: NFL Raffle Ticket and Annual Support Campaign. The NFL Raffle Ticket was a new fundraiser created to give us the necessary money for our operations. Once we kicked off this Campaign, Kevin came in to my office to inquire about the tickets. He was eager to understand how the fundraiser would work. He loved the concept and wanted to know how he could help. In addition to selling his 40 allotted tickets, he also connected with St. Catherine Hospital to set-up a table to sell more tickets. Isn't he AWESOME? Kevin served as a Campaigner for our Annual Support

Campaign as well. For the committee, he provides a new perspective and is always thinking outside of the box. Kevin went above and beyond the call of duty in his quest as a volunteer to help the YMCA in 2018. THANKS Kevin for all you do!

By Chad Knight, CEO- Social Responsibility is one of our focus areas and essentially this targets someone who gives back to our community or who helps the YMCA to benefit the community. This was evident with the Match Day program created by Western Kansas Community Foundation on Giving Tuesday. For many years, I wanted to establish a way for our donors to support us on this day. WKCF came to the rescue. Conny Bogaard and her staff have done an amazing job and hit a home run for our YMCA and more importantly our community. It gives me great pleasure to award WKCF as our 2018 Social Responsibility Champion. This event generated over \$400K this past year in the community and over \$60K for our YMCA. The concept is a win-win for all those involved. Donors have the opportunity to give to their favorite nonprofit and then WKCF will give matching funds into their endowment. The funds generated that day are given back to the agency following their event. Match Day saved one of the local nonprofit organizations as they were able to garner enough funds on this day to keep their doors open. This is social responsibility at its best! Conny and her staff do everything possible to ensure all the organizations have all the necessary materials. The marketing produced and the awareness they create for this event is astronomical and well done. I salute and thank WKCF, Conny and her staff for a successful and amazing event.

SOCIAL RESPONSIBILITY
CHAMPION:
*Western Kansas
Community Foundation*



Congratulations 2018 Champions!

COMMUNITY HEALTH CHAMPION *Leave a Legacy*



By Chad Knight, CEO— Last year we initiated the Community Healthy Champion and this year we are pleased to present it to Leave A Legacy Foundation who exemplifies the focus of this award. This group started in 2007 as a road race to recognize Laura Kleysteuber. Laura passed away from cancer, and her friends created this event to honor her. Their mission is to strengthen

the cancer resources and treatments available to those in Western Kansas. However, they do more than host an annual road race. They promote multiple other events and activities that bring their mission to life. Here is a sample of other programs they sponsor: Laura's Touches; Fill The Fridge; In Your Honor; You Choose the Day; Coffee with Caregivers; and Free Cancer Screenings.

I believe this organization can attest they have touched many lives and made an impact in our community. Their big event targets one of our focus areas with Healthy Living. The race generates interest for people of all ages to get involved either as an individual, with a team or running with their co-workers. It also brings in people from all walks of life from all over the state, region and nation. It truly is a community health event that signifies our award in many ways. We have many other outstanding community agencies that promote healthy living, but the Leave A Legacy Foundation has a lasting impression! Please join us in recognizing Leave A Legacy as our 2018 Community Health Champion!

By Chad Knight, CEO— In 2018, Lance led one of the most challenging years for our YMCA. From our Dome situation to the perceptions of our Branch in the community to the financial struggles, Lance worked to keep everything in line. He also led the Board meetings and reported the Branch news to the Corporate Board. Lance has served five years (two terms) on our Board and has witnessed many changes and direction with our financial statements. Lance started in 2014 and has been on the Executive Committee for three years. During his presidency, Lance played a key role in many capacities for our YMCA, but the most vital was his expertise in financials and accounting procedures. One of his crowning achievements was the production of our cash flow statement. He was very instrumental in creating our Association budget and serving as an advocate for this new transition. During the Corporate Task Force, he promoted and preached to the group we are one movement and explained the importance for board members to review and know our numbers. Lance knows the fiscal management procedures and ensured we were doing the right things with our reports and other financial statements. Lance has worked side by side with our CFO Karen Berry to increase her knowledge in accounting practices and support her. Lance has made an enormous difference in our operations and our financial structure. He always encouraged me to stay on track. THANKS Lance!

PAST PRESIDENT:
Lance Fulton



RETIRING BOARD MEMBERS

Mark Doll | Susan Dempsey | Bruce Melin

Thank you for your service!