

Welcome to the 52nd Annual

ARC
Awards



*Honoring the Garden City Family YMCA's supporters,
friends, volunteers, and staff*



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Letter from the Executive

Dear Members & Friends,

On behalf of the Garden City Family YMCA, welcome to our Annual Recognition & Celebration banquet. This banquet gives us the opportunity to thank all of our supporters, friends, volunteers and staff who do an **AMAZING** job for the YMCA. I want to commend everyone for a job well done. Once again, we keep raising the bar! I know I have been saying that for the last few years, but we keep elevating our services each and every year! All of this was accomplished with no federal, state or local tax dollars. I truly believe we are a tax benefit for the community!



We made a promise to strengthen community through **youth development, healthy living and social responsibility**. Fulfilling this promise begins with staff and volunteer leaders of all levels understanding the promise and their role fulfilling it. This was evident in many ways:

- Volunteer hours totaled 15,775 (\$23.56 rate) giving back to our community a benefit of \$371,659!
- \$912,462.91 was given back in community subsidy through Corporate Memberships & other scholarships!
- YSplash (water safety) served 1,012 participants.
- Golden Membership was provided to 42 individuals over the age of 80 and 10 family memberships for life!
- The Annual Support Campaign raised \$34,324.10 and awarded \$268,696.01!
- Helping Hands Scholarship program helped 9,380 participants and 7,067 members!

Those are some staggering numbers. The community subsidy numbers and the scholarships awarded display the need in our community. I attribute this to the work of our volunteers spreading our YMCA story. Being a volunteer-founded and volunteer-led organization, we rely greatly on these special people each year in many capacities. From serving on our Board of Directors to helping for a special event to coaching a youth team to helping on one of the committees, our volunteers play an integral part for our YMCA. Right beside the volunteer is a staff person leading the way. It was a challenging year and the staff did a fabulous job. Staff was hit with the new labor laws, budget pitfalls and major setbacks in many areas.

I believe we are truly **blessed** with outstanding staff that are committed and dedicated to providing the best programs and services for our community. The volunteers continue to step up and provide the necessary leadership and guidance to help pursue our mission. Garden City is fortunate to have a Y serve as the catalyst in many collaborations and programs. I salute and thank everyone for their continued support and commitment for our YMCA. I hope you enjoy the banquet and the stories you will hear tonight only enhance the power of our work as a leader in healthy living, youth development and social responsibility.

Sincerely

Chad Knight, CEO

Garden City Family YMCA Annual Meeting Agenda

52nd Annual Recognition Celebration Awards Banquet

| | | |
|-------------|--|---------------------------------------|
| I | Welcome | Alicia Johnston |
| II | Invocation | Scott Schurle |
| III | Dinner | |
| IV | Recognition of YMCA Board of Directors | Chad Knight |
| V | Recognition of YMCA Professional Staff | Chad Knight |
| VI | Dedication of Monumental Moment Book | David and Elaine Fox |
| VII | Awards Presentation | |
| A | Awards of Merit | Management Team |
| B | Mission Champions | Management Team |
| C | Service Awards | Chad Knight |
| D | Ambassador Member Recognition | Crystal Ibarra |
| E | Youth Development Champion | Steven Lynch |
| F | Spirit, Mind, and Body Champion | Brian Hultgren |
| G | Mac Foreman Courage Champion | Jackie Regan |
| H | Healthy Living Champion | Steven Lynch & Chad Knight |
| I | John Wooden Youth Sports Character Champion | Keali Shelton |
| J | Healthy Heart Champion | Crysta Ibarra |
| K | Partner in Health Champion | Crystal Ibarra |
| L | Member Champion | Steven Lynch |
| M | Ambassador Champion | Chad Knight |
| N | Employee Champions | Keali Shelton |
| O | Family Champion | Chad Knight |
| P | Humanitarian Champion | Chad Knight |
| Q | Character Development Champion | Krystal Richardson |
| R | Darlene Mathias Volunteer Champion | Brian Hultgren |
| S | Social Responsibility Champion | Steven Lynch |
| T | Committee Champion | Brian Hultgren |
| U | Past President | Chad Knight |
| V | Retiring Board Members | Chad Knight |
| W | ASC Allstars | Alicia Johnston |
| VIII | Closing | Alicia Johnston |

Board of Directors, Officers, and Management

YMCA MANAGEMENT TEAM

| | |
|-------------------------------------|---------------------------------------|
| Chad Knight, CEO | Alicia Johnston, Development Director |
| Jackie Regan, COO | Crystal Ibarra, Membership Director |
| Karen Berry, CFO | Brian Hultgren, Sports Director |
| Krystal Richardson, Family Director | Steven Lynch, Healthy Living Director |
| CJ Perkins, Property Manager | Keali Shelton, Aquatics Director |

BOARD OF DIRECTORS

Officers

| | |
|---------------|------------------------------|
| Mark Doll | <i>President</i> |
| Susan Dempsey | <i>President Elect</i> |
| Scott Koksall | <i>First Vice President</i> |
| Bruce Mueller | <i>Second Vice President</i> |
| Lance Fulton | <i>Treasurer</i> |
| Rich Harp | <i>Past President</i> |

Members

| | |
|--------------------|-------------------|
| Herber Garcia | Kelly Drees |
| Emily Burns | Scott Schurle |
| Joe Kottas | Gilbert Valerio |
| Joey Ramos | Cody Atkins |
| Jennifer Dougherty | Rockie Gottsponer |
| Steve Avila | Paul Doi |

AWARDS OF MERIT

Awarded to supporters of the YMCA who consistently fulfill the YMCA mission.

| | | | |
|-------------------|------------------|-------------------|-----------------|
| Melissa Fulton | Vilma Huber | Susan Rivera | Brenda Ramirez |
| Dana Polson | Scott Selee | Troy Unruh | Cortez Rosales |
| Carlton Parker | Patrick Pinchon | Nancy Herrada | Haleah Davidson |
| Gonzalo Alcantar | Diamond Cleaning | Caitlyn Benitez | Darrin McGraw |
| Stephanie Barnett | Valerie Molina | Andrea Reyes | |
| Amanda Frick | Andra Molina | Maria Ortega | |
| Derick Cruz | Mark Russo | Sirtonias Jackson | |

MISSION CHAMPIONS

Awarded to special volunteers who provide outstanding service and leadership. This award is primarily focused on program volunteers who dedicate their time and energy to ensure each YMCA program benefits those involved.

| | | | |
|---------------|------------------|--------------------|-----------------|
| Mark Doll | Bob Almos | Michelle Mayo | Darlene Mathias |
| Anna Gomez | Michael Hahn | Kandace Kennis | Wes Allred |
| Randy Bennett | Gilberto Valerio | Lance Fulton | Geneva Minter |
| Harry Nolde | Kaitlin Harmer | Rebekah Hutchinson | Linda Selee |

SERVICE AWARDS

Troy Unruh
5 YEARS

Jackie Regan
10 YEARS

Krystal Richardson
10 YEARS

Dana Polson
35 YEARS

10 Year Ambassador Members

| | |
|---|------------------------|
| Troy, Christy, Graci, Caleb & Christy Huber | Bill Guillermo-Garcia |
| Aaron Zeller | Daven Reyes |
| Ashleigh Chappel | Ashlyn Knight |
| Benjamin, LaDonna, Allyson, Madyson, Braydon & Drayton Knoll | Coy Christian |
| Christina, Austin & Darrin Godfrey & Alexis Lucero | Craig & Pam Brungardt |
| Craig, Tyler & Emily Stutzman | Darett Burr |
| Denton & Karen Berry | Derek Algrim |
| Don, Rhonda, & Jacob Griffin | Dru & Charity Saddler |
| Dustan & Sara Sprowls | Jana Harkness |
| Eric, Alex, & Ethan Depperschmidt | Kenzie Lopez |
| Hector, Belinda, Adrian, Andrea, Victoria & Jollette Rascon | Larry & Kelton Uthe |
| Jackie Regan, Arden, Jack, Luke & Levi Koehn | Luci Douglass |
| Joe, Rachel, Amya, Joe Anthony, Leah Basilio & Eli Villanueva | Michael Camarena |
| Jose, Maria, Karla, Paola & Daniela Rodriguez | Mindy & Caine Duran |
| Kent, Casey, Chelsea & Morgan Wagner | Quinten Shriver |
| Nicole, Isaac, Josiah & Jonah Steven | Ramon & Anita Gonzalez |
| Oscar, Socorro, Jannel & Oscar Jr Varela | Randi McKinley |
| Victor, Silvia, Marixa & Alonso Martin | Thomas Boyd |
| Trini, Julian, Esteban Neave & Irma Reyes | Trudy Reha |
| Tyrone, Tabitha, Kendera, & Ethan Martin | Ruben Rubio |

15 Years

| |
|--|
| Aaron Knight |
| Ora & Ibby Swords |
| Chuck & Eva Springer |
| Hector, Rosa, Hector Jr, Maria, Kevin & Erick Martinez |
| Jill, Jara & Megan Strickland |
| Josh, Mary, Joshua, & Elizabeth Guymon |
| Mark, Julie, Seth & Sally Dinkel |
| Ross, Patricia, Steven & Alexandra Miller |
| Skylar Swords |

20 Years

| |
|--|
| Bryce & Diana Baker |
| Duane & Orvileta West |
| Erasto & Martha Martinez |
| Steve Ramos & Lisa Wallace |
| Jose, Elizabeth, Alvin, Zaira & Adair Torres |
| Rick, Vonda, & Alexandria Marquez |
| Chad & Roni Knight |

40 Years

| |
|---------------|
| Leroy Cabbage |
|---------------|

52 Years (Charter Members)

| |
|------------------|
| Ed & Nelda Lewis |
|------------------|

Congratulations 2016 Champions!

YOUTH DEVELOPMENT CHAMPION:

Royal Pawley Taylor



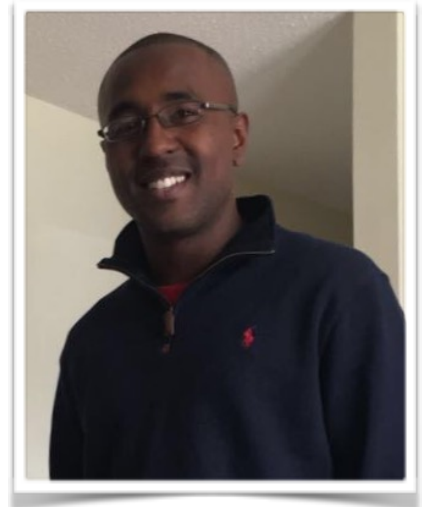
By Steven Lynch, Healthy Living Director–

I nominated Royal for Youth Development because she has done so much in the four year old program. When I was first offered the Childcare Coordinator job, before becoming the Healthy Living Director, I had the pleasure of working directly with her. She is a very respectable person and employee and also very organized. What sets her apart is how much she cares about the kids and how she really lifts up the “C” in YMCA. Which everyone should know is Christian. They always pray before their lunch and she really teaches our core values of RESPECT, HONESTLY, RESPONSIBILITY, AND CARING. She also helps out the missionary folks by making them some food. Royal also teaches the kids preschool lessons to help prepare them when they make it to school. She has recently

gone through some health issues that slowed her down a little bit but not completely. She has made it through that rough patch and has picked up right where she left off. Just can't say enough about what she does for the YMCA. Thank you Royal and may you have many more years helping out the youth that pass through your program.

By Brian Hultgren, Sports Director– I nominated CJ Covington for the Spirit, Mind, and Body award due to all the help and work he has done with me over the past year. CJ is one of my referees in many sports including Tackle Football and Men's Basketball. Not only does CJ referee these sports he also helps me find new refs and train them on the field or the court. I have asked a lot of CJ over the past year and he has not once yet said no. I have left CJ in charge of an event before and it always goes incredibly well and never had a complaint. Throughout all of this CJ has had a positive attitude and wanted to continue to help. CJ also has coached a youth football team, youth basketball teams, a tee ball team, and a southwest Kansas challenge team. CJ not only coaches his boy's teams but also will step up and coach another team if I need help. Throughout the past year CJ has been a very big factor in the success of our programs here at the Garden City Family YMCA.

SPIRIT, MIND, & BODY CHAMPION: CJ Covington



Congratulations 2016 Champions!

MAC FOREMAN COURAGE CHAMPION: *Kay Davis*



By Jackie Regan, Chief Operations Officer— The Mac Foreman “Courage Award” is given each year to a person who shows courage in the face of adversity and is usually given to someone who has overcome obstacles in their health in the past. This year I nominated Kay Davis for this award and the staff picked her. Kay is a former Welcome Center employee who we could always count on to bring a smiling face to the members in the mornings. We NEVER had any problems with Kay as our opener, we only had great feedback. A couple years ago she was diagnosed with cancer and let our staff know she hadn’t been in for a while so we let her know we would be here when she was ready to get back into the swing of things. In 2015 Kay reactivated her membership and on 12/15/15 she celebrated one year from getting a transplant. She has lowly been getting back into playing racquetball and all of our staff who know Kay are so happy to see her back in the courts with

her friends. Kay was also a member of our Inaugural Livestrong group and spoke at our prayer breakfast two years ago.

By Steven Lynch, Healthy Living Director—

I nominated Don because he is dedicated to coming in multiple times a week. He is on our Activtrax program and has been for quite a while now. Activtrax is pretty much just like an online personal trainer. You meet with a person once to set up your profile and test out and then after that it is all online. And all you have to do is follow the workout and submit it. But Don has been on it since July 2014 and has completed 407 workouts. Every once and a while he will stop by my office and talk about his workout and his progress. The thing that surprises him is all the little things that he is able to do now that he use to struggle with a little bit. He continues to make progress like having to work harder to get his heart rate up where he wants it. Also having the abdominal work become easier and easier for him. He is in every week plugging away. He knows that he has to do it for his health but more importantly he knows that he has to do it so that he can be there and be able to help his wife with daily activities. So keep up the good work Don and keep making improvements.

HEALTHY LIVING CHAMPION: *Don Tull*



Congratulations 2016 Champions!

HEALTHY LIVING CHAMPION:

Johnetta Hebrlee



By Chad Knight, CEO— Last year I nominated someone that battled youth obesity and was bullied the latter part of her life. She wanted to make a difference and did so by changing to a healthy lifestyle. This year, I nominated a person who has been a big person her whole life but maintained it during her high school and college years with sports and activity. However, as she got older her quest to play the games became harder because of her weight. She too, wanted to make a change and she did! Let me tell you her story!

Johnetta Hebrlee has always been a very active person. Throughout her high school career she played volleyball, softball and threw the javelin, discus and shot put. She was pretty good. She could crush the

softball and was one of a few women who could hit it over the fence back in the day. She played for Grover Craig's Bullet Softball Team which was very competitive. They played in some big tournaments throughout the area and state. She was never a little girl. She was a big girl, but she could move and knew how to compete with four brothers and her Dad prodding her! But, one day she had enough and decided to commit to a healthier lifestyle. She watched her Mom's health deteriorate and having two knee replacements already, she was ready to do something. Johnetta's weight ballooned to 460 pounds. Being a competitor all her life, she wanted more quality and wanted to be healthier. She decided to take on the life-altering step of bariatric surgery. Before the surgery she started walking and lost 30 pounds. Her pre-surgery weight was 380 pounds. Today she gave me a note that her weight is 200 pounds. That is 260 pounds! Isn't that just UNBELIEVABLE and TOO AWESOME? Give Johnetta a round of applause! This is the reason she is one of our Healthy Living Champions for 2016.

Johnetta comes to the YMCA three times a week in the early morning and does her routine in the Fitness Center. Her little brother, John helped her get started on the weights and showed her what she needed to be doing. John is one of our Fitness Floor Supervisors. She comes on most Sundays as well. She walks the other three days. She has even inquired and got her dad started on a free membership with our Golden Membership to the YMCA. Here are some other staggering stats to tell you about Johnetta. She went from a 7X(36/38) dress size to a 14/16 XL. She has participated in two 5K walk/runs. Her goal is to compete in a triathlon. She has been featured in many discussions, wellness spotlights and was on the cover of Health and Wellness for the Telegram a year and a half ago. She has made a change!

Healthy Living is one of our Focus Areas and Johnetta Hebrlee exemplifies that for the Garden City Family YMCA. We have many outstanding users of our Y, but Johnetta's story trumps them all for 2016! Please join us in recognizing Johnetta Hebrlee as our 2016 Healthy Living Champion! Johnetta, I am so proud of you and happy for you!

Congratulations 2016 Champions!

JOHN WOODEN YOUTH SPORTS CHARACTER CHAMPION:

Brayden Sneath

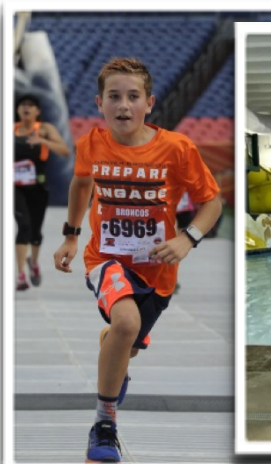


By Keali Shelton, Aquatics Director— The strong young man that is receiving this award is a very inspirational kid. I started work with Brayden Sneath about 5 years ago in group water safety classes. A couple years later, I came across Brayden again during a first aid incident when I had to tape up his knee after getting hurt while playing basketball. I did not know the potential he has with swimming until last year when I was working with him during

private lesson. Braydon showed confidence and passion for the water. Brayden worked so hard that he was able to join the YMCA Seahawk Swim Team. I then worked with Brayden before practices because he wanted to perfect his diving and flip turns. Brayden has also participated in other youth sports here at the YMCA besides swimming. He started in 2010 with youth soccer and since then Brayden has participated in t-ball, basketball, flag football, and tackle football. This past year, Brayden hurt his knee in tackle football and he didn't know if he would be able to play again. After this incident, Braydon found out that his knees were really weak and has to do physical therapy every day to build up his muscles. Impact sports like

football takes a toll on his body. Working with Brayden and talking with his mom, we have all discovered that swimming is the best sport for Brayden and his body due to the very low impact with the water. Braydon also enjoys running as the running helps build up his leg muscles; there is some impact with running but not enough to stop Braydon. This past year, Brayden overcame many obstacles and by overcoming those obstacles he has grown into a better athlete and person.

Nothing is more disappointing to a child to be told that you cannot play the sports you love because your body cannot handle it. Braydon has been strong and confident in finding his niche in sports and learning to love what he can do!



Congratulations 2016 Champions!

Healthy Heart Champions: exceeding 200 visits in 2016

Asterisks represent the number of years our members have achieved the Healthy Heart Award

| | | | |
|--------------------------------|-----|----------------------|-----|
| Quang Nguyen | 409 | Trevor Stapp ***** | 382 |
| Jack Crook ***** | 368 | Tasha Jackson | 337 |
| Tuan Le **** | 331 | Arturo Beatriz | 309 |
| Juan Montelongo | 298 | Jorge Cruz | 285 |
| Nancy Mejia *** | 283 | Bryan Alfaro | 281 |
| Antonio Perez *** | 281 | Rachelle Torres ** | 274 |
| Cristian Duarte *** | 268 | Osmin Gonzalez ***** | 266 |
| Ramon Ibarra ***** | 266 | Gary Harley II ***** | 264 |
| Manuel Olivas | 263 | Bobbie Bagnell ***** | 257 |
| Daniel Herrada | 256 | Ignacio Ibarra ***** | 256 |
| Anna Beckett | 252 | Scott Selee ***** | 250 |
| Janet Ibarra | 247 | Baltazar Claro | 245 |
| Raquel Estrada | 244 | Dontrell Gaston | 244 |
| Ernie Ornelas *** | 242 | Jay Edwards **** | 241 |
| Vanessa Garcia | 237 | Juan Godinez | 235 |
| Juan Ramirez **** | 233 | Randall McVey ** | 226 |
| Adrian Alcantara | 224 | Marvin Alvarez ** | 224 |
| Steven Lynch | 221 | Charles Aguilera *** | 220 |
| Maria Velasquez-Alcantar ***** | 220 | Enrique Cervantes ** | 217 |
| Javier Reyes | 215 | Gerardo Galvez ** | 213 |
| Isaul Torres | 213 | Sebastian Kyaw ** | 212 |
| Patricia Lopez | 211 | Mario Padilla **** | 209 |
| Blanca Terrazas | 207 | Darett Burr | 206 |
| Jose Bencomo | 205 | Joel Lira | 205 |
| Geovannie Gone | 203 | Maria Espino ** | 202 |
| Alex Barillas | 201 | Rosalia Del Rio *** | 201 |
| Ivan Lira | 200 | Rebecca McVey | 200 |

Congratulations 2016 Champions!

PARTNER IN
HEALTH CHAMPION

*Providence
Professional
Services, Inc.*



By Crystal Ibarra, Membership Director–

Providence has been chosen to receive the “Partner in Health” award for 2017 due to their outstanding commitment to the Garden City Family YMCA and to their employees. Providence started their corporate membership January of 2012. They have always been willing to continue to support the Y and their employees. It has always been a joy to work with them as partners in health and the relationships that have evolved due to this partnership have been wonderful. I’m always so thankful to work with people and organizations such as Providence because of their devotion to their employees as well as the community around them. Thank you Providence for your support and I hope to have many more years to share in our partnership.

By Steven Lynch, Healthy Living Director– Lucinda was voted as the Member Champion because since she joined she comes in anywhere between 15 to 20 times a month. This is good because she started out with a Physician Referral Exercise Plan to use the YMCA. From there she joined the YMCA when that pass was over and even signed up for our Activtrax program and has been doing that ever since. She is another member that the program has benefited a lot. I have talked with her and she has told me that she feels good and feels stronger from doing the program. She is also one of the users that have gotten on to me when the kiosk has gone down. She also comes in and does the water aerobics classes in the mornings. Again Lucinda keep up the good work and always let me know when that kiosk is down.

MEMBER
CHAMPION:
Lucinda Miller



We are what we repeatedly do. Excellence, then, is not an act, but a habit. ~ Aristotle

Congratulations 2016 Champions!

AMBASSADOR
CHAMPION:

Don Doll



By Chad Knight, CEO– This year I nominated Don Doll as our Ambassador Champion for our YMCA. Don has been a member with us since 2011. He recently celebrated his five-year Ambassador certificate with us. From the time Don joined, he has made a big impact on our organization. He is probably the most active member we have at his age and I would put Don up against anyone on doing crunches. I asked him one day and he said he does about 200 crunches a day. He is like a madman on the ab machine and the same is true for the rowing machine and other cardio machines. Don could actually win our Healthy Living Award one of these times as well.

Don was very instrumental in helping the YMCA secure some equipment from Coyote's Fitness when it closed up. He always let me know when something is wrong, needs attention or just needs cleaned up. This is something we need all of our members telling us so we can constantly improve our facility and make things better! Once Don got off the County Commission, I asked him to serve on the Corporate Board of Directors. This is a Board that has members from Dodge City and Garden City and over see both branches. At first, he was very hesitant and then I told him we only meet quarterly and I think he would be a valuable voice in our Association. He told me the next day he would serve. Don is gone quite a bit traveling with his wife and spending some time in his other home in Arizona, but as soon as he gets back to town, he comes into the YMCA to get his workout in! I think the biggest accolade I could give Don is his willingness to visit with some of our community members about giving back to the YMCA and helping with our Capital Campaign. I didn't have Don listed as a prospective Campaigner for us but I am here to tell you he has made an impact on our Campaign in some of his asks. He didn't hesitate to visit with some people and he even tried to recruit a new prospect for us.

There you have my reasons to nominate Don Doll. Don deserves to be recognized as our Ambassador Champion for 2016. He is always quick to tell me when he is attending the K-State games and harasses me every day I see him about my Jayhawks. He just shakes his head and walks off usually. The YMCA is blessed to have such a great Ambassador in Don Doll. He is a TRUE Ambassador for our YMCA and his unrelenting faith, commitment and dedication to the Y makes him a great choice. Great Job Don and we will see you at the Y!

Congratulations 2016 Champions!

EMPLOYEE CHAMPION:

Liz Foster



By Keali Shelton, Aquatics Director– I nominated Liz Foster as employee champion due to her outstanding performance as a lifeguard and employee at the YMCA. Liz has been a lifeguard with the Y since 2014 and has grown as a guard and an individual. Everyone loves Liz and her positive energy when they come in to the pool area. The ladies in the water aerobics class are not very fond when Liz goes on vacation because they love having her as their lifeguard. This past year, Liz really stepped out of her shell and helped teach YSplash water safety classes to the Jennie Wilson P.E. class. There were a lot of kids involved with these lessons and it would have been super overwhelming with just one teacher. Liz has always been a natural with the kids but had not asked to teach lessons until this past year. Liz has been a lifeguard for as long as I know and she and I use to work with each other at an outdoor pool. Any time you get a chance to come in and swim when Liz is the lifeguard, you will be greeted with a smile and small talk along with her Chad-approved sing-a-long music. Liz will get your equipment before you even jump in, she will make sure you are comfortable with the pools, and will ensure you have a safe yet fun time while on her watch.

By Keali Shelton, Aquatics Director– Linda Selee was also nominated for Employee Champion because of her positivity; she is always going the extra mile. Linda started in the aquatics department as a lifeguard in 2015. This past year, she started working for the childcare department as well. Linda also teaches private lessons and group water safety classes for the aquatics department and the kids and parents absolutely love her! From a personal point of view, I have leaned on Linda a lot for parenting advice, school advice, and teaching advice. Linda has so much knowledge and I love hearing all the new things I can be learning. Linda goes above and beyond for anyone and everyone. If I need help with lessons, she comes in. If her departments overlap, she is willing to do anything to make sure both supervisors get what they need. Linda is a terrific employee to have and a great person to be around!

EMPLOYEE CHAMPION:

Linda Selee



Congratulations 2016 Champions!

FAMILY CHAMPION:

Filberto Neave
& Family



By Chad Knight, CEO– I honestly cannot remember the first time I met Filberto, but I believe it was back in the racquetball courts years ago. Filberto used to play some racquetball and every time I see him, he asks if I am still playing. Filberto and his family are very dedicated and supportive of each other. Filberto checks in each evening with his whole family in tow and they all love being at the YMCA. This is why I nominated them for our Family Champion Award for 2016. The Neave's deserve to be recognized as our Family Champion for many reasons!

Filberto would always harass me about becoming Member of the Month. So, the day our staff voted for his family as the Family Champion, I made sure to catch him when he walked in. The next evening I caught him, but it was only him and not the whole family. I shared the news about being selected Family Champion and I needed a picture of his family. I was surprised when he didn't display much

excitement. His family models how we want families to utilize the Y. They work out together sometimes and if not together they will all be in the building doing something. Filberto has four children and his youngest even comes and loves it. Jesse is very active in the gym and enjoys playing soccer and basketball. He makes sure to tell me when something is wrong. I know one time two years ago, there was a problem in the gym and a kid came and told me it was Jesse. I said there is no way. Jesse came over and said he didn't do anything, but he helped me find the kids that were guilty! His youngest son, Joel broke his arm playing in the playground outside one year. I think he was only about five or six years old then. What a trooper! Nobody in the building even knew he broke it until they took him to the hospital. His family worked with us through this ordeal. In fact, he continued to come in with his cast on. As I was writing this, I decided to review their usage and in the month of February, all members of the family checked in at least once and they had a total of 49 check ins. There is only 28 days and they missed six days as they were out of town those three weekends. That is awesome! I love the Neave's commitment to their family and the YMCA. What a great combination.

It gives me great pleasure to introduce our 2016 Family Champions - the Neave's! Thank you Filberto, Maria, Yesenia, Aaron, Jesse and Joel! We will see you at the YMCA!

Congratulations 2016 Champions!

By Chad Knight, CEO– It gives me great honor to recognize Dr. Bill Garcia as our 2016 Humanitarian Champion. Dr. Garcia has done so much behind the scenes that has elevated him to earn this award this past year. Here is a breakdown of the things that he has accomplished:

- Volunteer coach in our Indoor Soccer
- Donates to our Annual Support Campaign and various special events
- After coaching, he donated a ton of soccer balls for us to use at the Y
- Very instrumental in helping us develop our second branch in Dodge City as he was discussing the importance of a YMCA to our General Chairperson and the City of Dodge City Commissioner
- Great supporter of our programs, particularly child care and swim team
- Pledged to our Dodge City Founder's Campaign and the meeting room is named after him and his wife
- Donated money to enable us to provide and generate new swimmers and scholarships to people who needed help
- Pledged to our Garden City Dome Project

One of the biggest assets to Dr. Garcia is his willingness to help and always extend a helping hand. He did my surgery on my Achilles tendon and I have nothing but high praise about the job he performed. He was unbelievable. After my surgery, it was a holiday weekend and he gave us his cell phone number and told us to not hesitate to call him if we needed anything. My son broke his leg the week prior and he did that surgery and was fantastic. He was so kind and helpful to my wife and scheduled our appointments at the same time. He is very passionate about the Y and its operation. When I was out, he offered to help with anything I needed done at the Y. In 2016, I met with Dr. Garcia several times and he said he wanted to make a difference for both branches. On the final visit, he said he decided he wanted to make an impact for the swim team and child care in Dodge City and help with child care in Garden City. He thought both of these areas were beneficial to his family and other families. He wanted to help. I was telling him we might need him to help us raise money for the Campaign in Dodge City or Garden City. He said he would LOVE to help! He said he had a little more pull in the Dodge City area but would be willing to help in any way possible.

Dr. Garcia has been a great friend and supporter of the Y. I am thrilled to have known Dr. Garcia and his wife, who served on our Board of Directors until they moved. I am excited he is behind our great organization. It takes dedicated and committed people like Dr. Garcia to advance our organization. Please join me as we recognize Dr. Bill Garcia as our Humanitarian Champion for 2016. He has shown his unrelenting faith for the Y, his passion for both of our communities and for the job he does as a doctor is unbelievable! THANKS Doc, you are GREAT!

HUMANITARIAN CHAMPION

Dr. Bill Guillermo García



Congratulations 2016 Champions!

CHARACTER DEVELOPMENT CHAMPION:

Isabella Wilder



By Krystal Richardson, Family Director– Isabella Wilder or Bella is what most of us call her is an absolute blessing to our childcare program and everyone she comes in contact with! Day in and day out she exemplifies what this award stands for....our core values! She has been a part of the after school program for five years now and is ALWAYS willing to open up and befriend anyone. She cares about the well-being of others in the program as well as counselors. Bella is very respectful of others around and the staff that cares for her from day-to-day. She is never asked to do something she knows she needs to do. She always has her head high and is full of smiles each day! She is an AMAZING BIG sister to Sammy who is also in our program and the two of them have a very special bond! It is an AWESOME site to see and something to be proud of as BIG sister myself!!!

As you can see, Bella is quite an AMAZING young lady that we are so blessed to have in our childcare program. She goes above and beyond in everything she does and it is so rewarding to see her interactions with her peers every day. I am truly honored to be a part of her life as a staff, friend and a mentor! I will continue to encourage, protect, educate and support her daily. Thanks Bella for allowing me to be a part of your life and **Congratulations!**

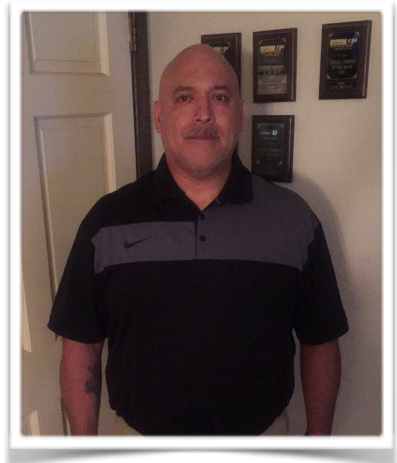
By Brian Hultgren, Sports Director–

I nominated Floyd Whatley for the Darlene Mathias volunteer of the year award because Floyd has been a volunteer within our Football program since its inception.

Floyd has coached and helped out for 19 years. Floyd as a coach has helped many boys learn the game of football. His knowledge of the game is vast and every team he coaches improves tremendously as the season continues. This season as it began Floyd decided to coach a team once again. As practices began I had a parent approach me from Floyd's team they said that Floyd was awesome but that one of his assistants might be yelling at the kids a little much. When I called Floyd he said that in all his time he had never heard a complaint like that. However Floyd said that he would address it and for the rest of the season I never heard another complaint. Floyd has been an integral part of the success of our tackle football program. He is always communicating and making sure that he addresses things that help the program grow and improve.

DARLENE MATHIAS VOLUNTEER CHAMPION:

Floyd Whatley



Congratulations 2016 Champions!

SOCIAL RESPONSIBILITY CHAMPION:

Joe Gonzales



By Steven Lynch, Healthy Living Director– I nominated Joe for Social Responsibility for the work that he not only does for the YMCA but also for the community. Along with Jonas Cruz he helps out with the Real Men Real Leaders and mentors young boys in the community. By watching him interact with the youth you can tell that he does really care for them and wants to do what he can to see them success. For the YMCA he is a volunteer in different areas. He has served on our standing committees. He has also volunteered to help with road races, family fun nights, and other activities here at the YMCA. He also helps with our Annual Support Campaign by being one of our campaigners. He has been a member for the last 18 years and is one of our great ambassadors. Thank you for your service Joe.

By Brian Hultgren, Sports Director– I nominated Dominick Dingle for Committee member of the year award. Dominick Dingle is on our youth tackle football committee here at the YMCA. Dominick is our contact between the High School and the YMCA. He is always communicating with us on events that our kids can attend, and also setting up other events such as youth football night and our end of the season banquet. Dominick (as a committee member) always does what is best for the program going forward. He also puts the playbook together for the Garden City teams, and then runs a practice every Tuesday night for the youth teams to learn the playbook and how the game is played. Dominick is a very big factor in the success in the tackle football program now and going into the future. Dominick also sets up and runs a spring passing league that is played at the high school and teaches the kids with a great passion. Without Dominick Dingle on our committee, the tackle football program would not be in the position that it is in.

COMMITTEE CHAMPION:

Dominick Dingle



Congratulations 2016 Champions!

By Chad Knight, CEO— Mark Doll started his first term on our Board of Directors in 2013. When I first approached Mark, he said “Me?” I said “Yes, I think you would be an excellent board member.” He thought about it and said he would let me know. After a couple of weeks, he called and said “If you think I can help out and make a difference I will help, but I am gone quite a bit.” I said “Great, I will let you know when we do the orientation meeting.”

Normally I do not place a new Board member on the Finance/Executive Committee but in Mark’s case, he was a great option, plus the incoming President recommended asking Mark. We asked Mark and he accepted again! In his first year in 2013, we lost two members on this committee. The next year we lost two more members. All four were long time Board members and served two terms each. So, in 2016, the best logical choice to serve as our Board President was Mark!

During his presidency, Mark played a key role in many capacities for us. He focused on making sure our operations and our staff is committed to providing outstanding service. He strived and pushed the staff to work and collaborate with their committees. Mark knows the importance of our committees and wanted to keep the Board’s priorities on our Campaign and Board structure. A major change for Mark was his commitment to our financial structure. Mark was very adamant about our budget and cash flow. After the first six months, we were a positive \$25,000. Then, the wheels came off and we suffered some major setbacks. We exceeded our operating line of credit and we had to scramble to get a new bank in line for our operations. He stepped in and helped in this transition in many ways. I think the biggest takeaway I got from Mark during this time was the one statement he made to our banker. He said “we need your bank to help us during these challenging times and not only be there when things are good”. This was powerful and meant a lot to our organization!

During his tenure, he has witnessed many changes within our YMCA. More importantly, he has helped behind the scenes with fiscal management and financial development. He was very instrumental in helping the Capital Campaign get off the ground. I know under his leadership, he helped improved our YMCA operations and more importantly his dedication to our financial structure made a huge difference. Remember, he first stated “If I can help and make a difference,” well, I am here to tell you that he definitely went above and beyond the call of duty as a Board President. Mark did a wonderful job leading our Board of Directors. I believe this will pay big dividends for us in the long run. THANKS Mark!

PAST PRESIDENT

Mark Doll



Congratulations 2016 Champions!

RETIRING BOARD MEMBER:

Emily Burns

By Chad Knight, CEO– Emily Burns replaced her husband Shane on our Board of Directors and did an unbelievable job. She served three plus years about a year from Shane’s term on our Board of Directors. Emily has a different perspective than most of our Board members because when she was younger, she worked for the YMCA and did many various jobs. So, Emily understands the day to

day operation and knows first-hand what the YMCA mission is all about. The mission was very close to her heart and it always played a vital role in her decision making on our Board. Emily would always be the first to question our mission and core values in our programs and services. I LOVED the fact she kept these close to her and to our ever important work running the YMCA. The “C” in the YMCA is important for everything we do and knowing Emily would always help us keep that in check was awesome. She played a key role in changing our coaches meeting and coming up with different devotions and other ways to incorporate this work. If she didn’t have to fundraise, I think Emily would be a life-long Board member. THANKS Emily for your dedication and commitment to our YMCA and more importantly our mission!

By Chad Knight, CEO– Gilbert Valerio started his volunteerism at the YMCA long before he became a Board member in 2013.

Gilbert served on our Fitness Committee prior to serving on the Board and did a marvelous job. He even showed up as a volunteer at several events. Gilbert was one of the Board

members I could count on to be at some of our special events. He

especially enjoyed helping with events in our Healthy Living department, but also helped with other programs and departments. Gilbert was always one of the quietest people on our Board but he was always methodical about his decisions and would question many things. He would always take everything in and then would email me or call me the next day with some questions. One time in particular, he emailed me back a quote on volunteering after one of my email blasts on Annual and it was AWESOME!! He has been very instrumental in reviewing the numbers in Fitness and knowing the equipment and inventory needs and wants. Gilbert did a GREAT job fundraising for us and was always one of the Board leaders in that aspect. As with his decisions on our Board, he did the same when he asked for money for our Annual Support Campaign. He would be very thorough and made sure he would explain everything correctly. THANKS Gilbert for all your hard work, support

RETIRING BOARD MEMBER:

Gilbert Valerio

ASC ALLSTARS

These individuals excelled in their campaign promises and reached the “Goal Buster” level of recognition.

| | | |
|------------------------|-----------------------|-------------------------|
| Mark Doll | Gary Harley | Joey Ramos |
| Gilbert Valerio | Kandace Kennis | Charlie Aguilera |
| Craig Stutzman | Miguel Guevara | Paul Doi |
| Joe Gonzales | Scott Selee | |



GARDEN CITY FAMILY YMCA 2016 AT A GLANCE

YMCA MISSION: To put Christian principles into practice through programs that build healthy spirit, mind and body for all

GENERAL INFORMATION

CEO: Chad Knight Corporate CVO: Grant Elpers
Branch Board President Mark Doll
Years In Service # of Employees: **52 & 138**

THE YMCA WAY "WE STRESS THE C!"

Every staff, board & committee meeting begins with a devotion and/or invocation and ends with a Mission Moment! All YMCA sports programs begin with a Sports Pledge. No lunch is served in Child Care without a prayer. This year **32** new staff members were trained in Mission and Character Development. The core values of Respect, Responsibility, Caring and Honesty are stressed in everything at the YMCA.

MEMBERS SERVED (*Unduplicated*)

- ✓ **775** new members signed up
- ✓ Membership peaked at **5,915** members in October
- ✓ **2,110** members of age 17 or younger and **179** are age 65 & up
- ✓ Average for retention rate was **68%** and **19%** for penetration rate

FACILITY USAGE

- Member cards were scanned to workout **121,280!**
- **2,975** guests paid to use our facilities!
- 24-hr access had **4,587** visits & **4,637** at 10:00!
- Building/Games were rented for parties **332** times!
- Special groups accounted for **2,112** people!

PROGRAM PARTICIPATION (*Duplicated*)

- **4,247** participated in Aquatics
- **10,892** participated in Healthy Living
- **8,728** participated in Child Care
- **2,143** participated in Sports
- **2,575** participated in Family
- **9,903** in Membership Promotions/Special Events
- **38,488 TOTAL PARTICIPANTS IN 151 PROGRAMS!**

FINANCIAL ASSISTANCE

- ✓ The Annual Support Campaign raised **\$34,324.10** and awarded **\$268,696.01!**
- ✓ Helping Hands Scholarship program helped **9,380** participants and **7,067** members!

VOLUNTEERS

The YMCA is volunteer-founded and volunteer-led. Volunteers are the backbone to our operation. The YMCA Way was stressed in five programs by **835** volunteers. **Sixty-four (64)** campaigners volunteered for this year's Annual Support Campaign. We also had **47** Administrative volunteers serving on Board and Capital Campaign!

COLLABORATION & PARTNERSHIPS

- ✓ **USD #457/ USD 363:** After School program, GCHS Swim Team, After-Prom party, Sports programs & SPED Classes.
- ✓ **GC/Holcomb Recreation:** Swim team, Swim meet, Big Pool Triathlon, Corporate Meltdown & youth sports.
- ✓ **United Way:** \$8 After-School Enrichment sites.
- ✓ **Corporate Partner in Health:** Provided employee benefit of membership to **72** partners totaling **\$643,766.90!**
- ✓ **Finnup Foundation:** YSplash & Finnup Fundays.
- ✓ **Finney County Convention & Visitors Bureau:** Racquetball Tournament sponsorship.
- ✓ **American Red Cross:** Trainings & Blood Drives.
- ✓ **St. Catherine Hospital, Accelacare Therapy, Central Care Cancer Center & Plaza Medical:** Physician Referral Exercise Prescription (PREP) program, Free memberships to resident doctors and interns & Livestrong Cancer program!
- ✓ **Compass Mental Health:** Facility Usage for clients.
- ✓ **GCCC ETS (Educational Talent Search):** Volunteer for all family fun nights – over 20 each event!
- ✓ And many others!

FREE OUTREACH HIGHLIGHTS

- **Keeping Our Promise** provided **85** youth with a free membership to the YMCA
- **Camp Finnup** served **408** participants.
- Four **Family Fun Nights** served **2,575** participants with games, activities and fun! Free and open to public!
- **Healthy Kids Day** served **65** participants.
- **Henry Hall, Max & Marianne Miller** and the **YMCA Outreach** scholarship provided **5** families and **23** members free memberships valued at **\$2,247!**
- **YSplash** (Water safety) served **1,012** participants.
- **Golden Membership** was provided to **42** individuals over the age of 80 and **10** family memberships for life!
- **Guest passes** were provided to **3,689** participants.
- **Lunch & Learn** monthly mingles served **32** participants.
- And much more!

COMMUNITY BENEFIT

- ❖ **\$24,505** was awarded in Gift Certificates to School events, fundraisers, auctions & more!
- ❖ Volunteer hours totaled **15,775** (\$23.56 rate) giving back to our community a benefit of **\$371,659!**
- ❖ **Six (6)** Management Staff served on **12** community Boards, Task Forces, Committees, Coalitions and State Boards!
- ❖ **\$912,462.91** was given back in community subsidy through Corporate Memberships & other scholarships!
- ❖ Annual Recognition & Celebration Banquet honored **322** volunteers, donors, members and special friends!

A SPECIAL THANK YOU TO EVERYONE!

FACILITY IMPROVEMENTS & FINANCIAL POSITION

| FINANCES | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 | 2016 |
|---|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| TOTAL INCOME | 1,221,983 | 1,396,223 | 1,675,341 | 1,792,246 | 1,783,168 | 1,756,056 | 1,638,508 | 1,563,847 |
| % INCREASE | 4% | 12% | 17% | 6% | -21% | -1% | -6% | -4% |
| TOTAL EXPENSES | 1,239,222 | 1,364,335 | 1,568,761 | 1,764,131 | 1,772,192 | 1,748,045 | 1,662,488 | 1,580,395 |
| % INCREASE | 5% | 9% | 13% | 12% | 21% | -1% | -4% | -4% |
| DIFFERENCE | -17,239 | 31,888 | 106,580 | 46,115 | 10,976 | 8,011 | -23,980 | -16,548 |
| FINANCIAL ASSISTANCE | | | | | | | | |
| DOLLARS AWARDED | 94,246 | 96,988 | 112,511 | 128,115 | 131,740 | 185,535 | 216,145 | 268,696 |
| AMOUNT RAISED | 23,310 | 23,086 | 33,480 | 41,671 | 44,156 | 44,080 | 53,959 | 34,324 |
| # OF PLEDGES | 139 | 172 | 229 | 217 | 220 | 228 | 240 | 211 |
| # OF MEMBERS ASSISTED | 1,049 | 943 | 1,333 | 1,414 | 635 | 5,822 | 5,344 | 7,067 |
| # OF PROGRAM PARTICIPANTS ASSISTED | 6,970 | 4,846 | 4,631 | 3,830 | 3,779 | 7,029 | 9,367 | 9,380 |
| MEMBERSHIP | | | | | | | | |
| VOLUNTEERS | 1,125 | 1,261 | 1,434 | 1,268 | 2,229 | 1,014 | 841 | 835 |
| AMBASSADOR MEMBERS | 857 | 1,030 | 1,030 | 1,203 | 1,113 | 1,022 | 968 | 1,287 |
| MEMBERS | 3,404 | 5,083 | 5,386 | 5,716 | 5,963 | 6,224 | 6,189 | 5,915 |
| USAGE | 62,691 | 94,883 | 130,706 | 135,789 | 125,002 | 131,193 | 126,723 | 121,280 |
| 24 HR VISITS | | 2,142 | 3,569 | 3,721 | 3,587 | 3,276 | 4,382 | 4,587 |
| PROGRAM PARTICIPATION | | 38,083 | 46,146 | 67,354 | 75,414 | 54,391 | 57,589 | 38,488 |
| PENETRATION RATE | | 17% | 18% | 18% | 19.9% | 21% | 20% | 19% |
| MEMBER RETENTION RATE | | 73% | 72% | 72% | 66% | 70% | 69% | 68% |

**TOGETHER WE CAN
DO SO MUCH MORE.**



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

