



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# JOIN THE FUN, MAKE A SPLASH!

## Youth Water Safety

### GARDEN CITY FAMILY YMCA



#### DESCRIPTION

The Y's Youth Water Safety program teaches children of all ages and from all backgrounds that water can be fun, not scary. Knowing how to be safe around water is one of the most important life skills we can teach our children. It gives them confidence. And it can save their lives. Having mastered the fundamentals, students learn additional water safety skills and build stroke technique, developing skills that prevent chronic disease, increase social-emotional and cognitive well-being, and foster a lifetime of physical activity.

**AGES:** 6-9 year old's  
**DATES:** Session 1: January 15 - February 7  
Session 2: February 12 - March 6  
**TIMES:** Level 3 Water Stamina  
Level 4 Stroke Introduction  
M/W 6:00 - 6:45 p.m.

**PRICES/FEES:** \$20 free/reduced scholarship  
\$28 for members  
\$56 for program participants

## Sign up Today!

Each class is limited to 5 Children

#### QUESTIONS:

Nina Rankin, Aquatics & Healthy  
Initiatives Director  
(P) 620.275.1199 ext. 210  
(E) nrankin@ymcaswkansas.org

**Ask about our Helping Hands  
Scholarship Program!**



#### Youth Water Safety Classes REGISTRATION FORM

(Circle One) Session: 1 2  
(Circle One) Level 2 Level 3

PARTICIPANT NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DOB: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
EMERGENCY CONTACT: \_\_\_\_\_  
HOME # \_\_\_\_\_ CELL # \_\_\_\_\_ ALTERNATE# \_\_\_\_\_  
EMAIL: \_\_\_\_\_

**Garden City Family YMCA | "The Y...So Much MORE" | [www.ymcaswkansas.org](http://www.ymcaswkansas.org)**