



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# JOIN THE FUN, MAKE A SPLASH YOUTH WATER SAFETY

## GARDEN CITY FAMILY YMCA



### DATES:

Session 8: August 29 - September 14

Session 9: October 17 - November 2

Session 10: November 28 - December 14

### TIMES:

Level 3 Water Stamina

M/W 6:00 - 6:45 p.m.

Level 4 Stroke Introduction

M/W 6:00 - 6:45 p.m.

Level 5 Stroke Development

M/W 6:45-7:30 p.m.

Level 6 Stroke Mechanics

M/W 6:45-7:30 p.m.

### PRICES/FEES:

\$20 free/reduced lunch scholarship

\$28 for Members

\$56 for Non-Members

**All deadlines are the Tuesday before the first day of class. Any registrations after the deadline will be subject to a \$10 extended registration fee.**

### DESCRIPTION

The Y's Youth Water Safety program teaches children of all ages and from all backgrounds that water can be fun, not scary. Knowing how to be safe around water is one of the most important life skills we can teach our children. It gives them confidence. And it can save their lives. Having mastered the fundamentals, students learn additional water safety skills and build stroke technique, developing skills that prevent chronic disease, increase social-emotional and cognitive well-being, and foster a lifetime of physical activity.

### **JOIN TODAY!**

*Upgrade to a membership today  
as a participant at **NO CHARGE!***

**Save over \$100!**

*Already a member? Recruit a  
friend & pay much less.  
Get details at signup.*

### QUESTIONS:

Please contact Aaron Riojas,  
Aquatics Coordinator  
(P) 620.275.1199 ext. 210  
(E) ariojas@ymcaswkansas.org

**Ask about our Helping Hands  
Scholarship Program!**



### Youth Water Safety Classes REGISTRATION FORM

(Circle One) Session: 8 9 10

(Circle One) Level 3 Level 4 Level 5 Level 6

PARTICIPANT NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DOB: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

Parents Name: \_\_\_\_\_ HOME# \_\_\_\_\_

CELL # \_\_\_\_\_ ALTERNATE# \_\_\_\_\_ EMAIL: \_\_\_\_\_