



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

JOIN THE FUN, MAKE A SPLASH YOUTH WATER SAFETY

GARDEN CITY FAMILY YMCA



DATES:

Session 1: January 9 - February 1

Session 2: February 20 - March 15

Session 3: April 3 - April 26

Session 4: May 8 - May 31

TIMES:

Level 3 Water Stamina

M/W 6:00 - 6:45 p.m.

Level 4 Stroke Introduction

M/W 6:00 - 6:45 p.m.

Level 5 Stroke Development

M/W 6:45-7:30 p.m.

Level 6 Stroke Mechanics

M/W 6:45-7:30 p.m.

PRICES/FEES:

\$20 free/reduced lunch scholarship

\$28 for Members

\$56 for Non-Members

DESCRIPTION

The Y's Youth Water Safety program teaches children of all ages and from all backgrounds that water can be fun, not scary. Knowing how to be safe around water is one of the most important life skills we can teach our children. It gives them confidence. And it can save their lives. Having mastered the fundamentals, students learn additional water safety skills and build stroke technique, developing skills that prevent chronic disease, increase social-emotional and cognitive well-being, and foster a lifetime of physical activity.

JOIN TODAY!

*Upgrade to a membership today
as a participant at **NO CHARGE!***

Save over \$100!

*Already a member? Recruit a
friend & pay much less.
Get details at signup.*

QUESTIONS:

Please contact Aaron Riojas,
Aquatics Coordinator
(P) 620.275.1199 ext. 210
(E) ariojas@ymcaswkansas.org

**All deadlines are the Tuesday before the first day of class. Any
registrations after the deadline will be subject to a \$10 extended
registration fee.**

**Ask about our Helping Hands
Scholarship Program!**



Youth Water Safety Classes REGISTRATION FORM

(Circle One) Session: 1 2 3 4

(Circle One) Level 3 Level 4 Level 5 Level 6

PARTICIPANT NAME: _____ AGE: _____ DOB: _____

ADDRESS: _____

Parents Name: _____ HOME# _____

CELL # _____ ALTERNATE# _____ EMAIL: _____