



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GARDEN CITY FAMILY YMCA

## Pool Schedule

### June 1 - August 16

# Summer SCHEDULE

	<b>FAMILY POOL</b> Swim Lessons & Open Swim		<b>LAP POOL</b> Water walking, lap swimming, water aerobics & exercise			
PROGRAM → DAY ↓	<u>Water Safety</u>	<u>Family Pool</u>	<u>Lap Swim</u>	<u>Water Aerobics</u>		<u>Water Safety &amp; Swim Team</u>
<b>MON</b>	5:30 - 6:00 pm Level 1 6:30 - 7:00 pm Level 2	2:00 - 5:30 pm 7:00 - 8:30 pm	5:30 - 7:00 am 12:00 - 2:00 pm 7:00 - 8:30 pm	9:00 - 9:45 am Aquacise 1 10:00 - 10:45 am Aquacise 2	5:30 - 6:15 pm Power Waves 6:15 - 7 pm Water Fitness	6:00 - 6:45 pm Level 3 & 4 6:45 - 7:30 pm Level 5 & 6
<b>TUES</b>	5:30 - 6:00 pm Level 1 6:00 - 6:30 pm Parent/Tot 6:30 - 7:00 pm Level 2	2:00 - 5:30 pm 7:00 - 8:30 pm	5:30 - 7:00 am 12:00 - 2:00 pm 7:00 - 8:30 pm	8:00 - 8:45 am Water Fitness 9:00 - 9:45 am Water Fitness 9:45 - 10:30 am Power Waves		6:00 - 6:45 pm Level 3 & 4 6:45 - 7:30 pm Level 5 & 6
<b>WED</b>	5:30 - 6:00 pm Level 1 6:30 - 7:00 pm Level 2	2:00 - 5:30 pm 7:00 - 8:30 pm	5:30 - 7:00 am 12:00 - 2:00 pm 7:00 - 8:30 pm	9:00 - 9:45 am Aquacise 1 10:00 - 10:45 am Aquacise 2	5:30 - 6:15 pm Power Waves 6:15 - 7 pm Water Fitness	6:00 - 6:45 pm Level 3 & 4 6:45 - 7:30 pm Level 5 & 6
<b>THURS</b>	5:30 - 6:00 pm Level 1 6:00 - 6:30 pm Parent/Tot 6:30 - 7:00 pm Level 2	2:00 - 5:30 pm 7:00 - 8:30 pm	5:30 - 7:00 am 12:00 - 2:00 pm 7:00 - 8:30 pm	8:00 - 8:45 am Water Fitness 9:00 - 9:45 am Water Fitness 9:45 - 10:30 am Power Waves		6:00 - 6:45 pm Level 3 & 4 6:45 - 7:30 pm Level 5 & 6
<b>FRI</b>		2:00 - 8:00 pm	5:30 - 7:00 am 12:00 - 2:00 pm	9:00 - 9:45 am Aquacise 1 10:00 - 10:45 am Aquacise 2		
<b>SAT</b>		1:00 - 2:30 pm	9:00 am - 11:30 am	<b>DON'T FORGET TO SIGN UP FOR SUMMER SWIM LESSONS &amp; YSPASH</b>		
<b>SUN</b>		1:30 - 3:30 pm	1:30 - 3:30 pm			

**QUESTIONS:**

Call Aaron Riojas at 275-1199, ext. 210 or send an email at [ariojas@ymcaswkansas.org](mailto:ariojas@ymcaswkansas.org).

**INTERESTED IN RENTING THE POOL OR WANT TO BOOK A BIRTHDAY PARTY?:**

Call Stacy Castoe at 275-1199, ext 101 or send an email to [scastoe@ymcaswkansas.org](mailto:scastoe@ymcaswkansas.org).