



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Garden City Family YMCA

Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Lap Swim 5:30 am- 7:00 am	Lap Swim 5:30 am- 7:00 am	Lap Swim 5:30 am- 7:00 am	Lap Swim 5:30 am- 7:00 am	Lap Swim 5:30 am- 7:00 am	
		Water Fitness 8:00 am- 8:45 am		Water Fitness 8:00 am- 8:45 am		
	Aquasice 1 9:00 am- 9:45 am	Water Fitness 9:00 am- 9:45 am	Aquasice 1 9:00 am- 9:45 am	Water Fitness 9:00 am- 9:45 am	Aquasice 1 9:00 am- 9:45 am	
	Aquasice 2 10:00 am-10:45 am	Water Fitness 10:00 am-10:45 am	Aquasice 2 10:00 am-10:45 am	Water Fitness 10:00 am-10:45 am	Aquasice 2 10:00 am-10:45 am	Lap Swim 9:00 am- Noon
	Lap Swim 12:00 pm- 2:00 PM	Lap Swim 12:00 pm- 2:00 PM	Lap Swim 12:00 pm- 2:00 PM	Lap Swim 12:00 pm- 2:00 PM	Lap Swim 12:00 pm- 2:00 PM	
Open Swim & Lap Swim 1:30 pm- 3:30 pm						Open Swim 1:00- 3:00 pm
	Power Waves 5:30pm- 6:15pm		Power Waves 5:30pm- 6:15pm		Open Swim 5:30pm -8:00 pm	
	Water Fitness 6:15 pm- 7:00 pm	Open Swim & Lap Swim 7:00pm- 8:30pm	Water Fitness 6:15 pm- 7:00 pm	Open Swim & Lap Swim 7:00pm- 8:30pm		
	Open Swim & Lap Swim 7:00pm- 8:30pm		Open Swim & Lap Swim 7:00pm- 8:30pm		Open Swim & Lap Swim 7:00pm- 8:30pm	

IF SCHOOL IS CANCELLED THE POOL WILL BE OPEN AT 2PM!

Questions: Call Nina Rankin at (620) 275-1199 ext. 210 or send an email stnrankin@ymcaswkansas.org