





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GARDEN CITY FAMILY YMCA

Pool Schedule

January 1st — May 19th

WINTER SCHEDULE

	FAMILY POOL Water Safety & Open Swim		LAP POOL Water walking, lap swimming, water aerobics & exercise			
PROGRAM  DAY 	<u>Water Safety</u>	<u>Open Swim</u>	<u>Lap Swim</u>	<u>Water Aerobics</u>		<u>Water Safety & Swim Team</u>
MON		4:30-5:30 pm *Childcare AS Only 7:00 - 8:30 pm	5:30 - 7:00 am 12:00 - 2:00 pm 7:00 - 8:30 pm	9:00 - 9:45 am Aquacise 1 10:00 - 10:45 am Aquacise 2	5:30 - 6:15 pm Power Waves 6:15 - 7:00 pm Water Fitness	3:30 - 5:00 pm GC Swim Team 6:00 - 6:45 pm Level 3 & 4 6:45 - 7:30 pm Level 5 & 6
TUES	5:30 - 6:00 pm Level 1 6:00 - 6:30 pm Parent/Tot 6:30 - 7:00 pm Level 2	4:30-5:30 pm *Childcare AS Only 7:00 - 8:30 pm	5:30 - 7:00 am 12:00 - 2:00 pm 7:00 - 8:30 pm	8:00 - 8:45 am Water Fitness 9:00 - 9:45 am Water Fitness 9:45 - 10:30 am Power Waves		3:30 - 5:30 pm GC Swim Team
WED		4:30-5:30 pm *Childcare AS Only 7:00 - 8:30 pm	5:30 - 7:00 am 12:00 - 2:00 pm 7:00 - 8:30 pm	9:00 - 9:45 am Aquacise 1 10:00 - 10:45 am Aquacise 2	5:30 - 6:15 pm Power Waves 6:15 - 7:00 pm Water Fitness	3:30 - 5:00pm GC Swim Team 6:00 - 6:45 pm Level 3 & 4 6:45 - 7:30 pm Level 5 & 6
THURS	5:30 - 6:00 pm Level 1 6:00 - 6:30 pm Parent/Tot 6:30 - 7:00 pm Level 2	4:30-5:30 pm *Childcare AS Only 7:00 - 8:30 pm	5:30 - 7:00 am 12:00 - 2:00 pm 7:00 - 8:30 pm	8:00 - 8:45 am Water Fitness 9:00 - 9:45 am Water Fitness 9:45 - 10:30 am Power Waves		3:30 - 5:30 pm GC Swim Team
FRI		4:30 - 8:00 pm	5:30 - 7:00 am 12:00 - 2:00 pm	9:00 - 9:45 am Aquacise 1 10:00 - 10:45 am Aquacise 2		3:30 - 5:30 pm GC Swim Team
SAT		1:00 - 2:30 pm	9:00 am - 11:30 am	IF SCHOOL IS CANCELED THE POOL WILL BE OPEN AT 2PM! SIGN UP FOR YSPASH!!!!!!!!!!		
SUN		1:30 - 3:30 pm	1:30 - 3:30 pm			

QUESTIONS:

Call Aaron Riojas at 275-1199, ext. 210 or send an email at ariojas@ymcaswkansas.org.

INTERESTED IN RENTING THE POOL OR WANT TO BOOK A BIRTHDAY PARTY?:

Call Stacy Castoe at 275-1199, ext 101 or send an email to scastoe@ymcaswkansas.org.