



LIFTING UP THE “C”

At the YMCA, strengthening community is our cause. Every day we have the opportunity to make a difference and transform lives. It all starts with our Christian principles. At the Garden City Family YMCA, we have many ways to “lift up” the “C” in the YMCA:

- **Mission Moments:** Throughout the YMCA, we have Mission Moments displayed. A mission moment is a bible verse, devotion, quote or something that reflects about our mission!
- **Christian Emphasis Committee:** This is a standing committee that focuses on ideas and events to lift up the “C” in the YMCA
- **Scriptures:** Above every water fountain, there are bible scriptures engraved in plastic signs. Every month in our TV ads in the Fitness Center, we will have EIGHT different scriptures posted. This helps keep our focus on the Christian principles.
- **Team T-shirts:** On the back of our Child Care Counselors, Lifeguards, Floor Supervisors and Building Supervisors we have several different bible verses.
- **Sports Pledge:** Before every sports game, we begin the game by reciting the YMCA Sports Pledge; “Dear God, I pledge to the best of my ability to be a team player, respect the rules, opponents, officials and to improve myself in spirit, mind and body”.
- **Invocation/Devotion:** Before every Board, Team or Committee meeting, a prayer or devotion is given to start our meeting.
- **Pictures of Jesus Christ:** Throughout the building there are random pictures of Jesus Christ posted on our walls. From the brochure rack to the game room lobby to Child Care, there is a picture of Jesus Christ.
- **Mission Statement:** Our Mission Statement is reflected on the walls as you enter our facility. This is the most important thing for our organization and the community needs to know our Mission Statement – “To put Christian principles into practice through programs that build healthy spirit, mind and body for all”.
- **Noah’s Ark:** In our Child Care & four-year old room, there are murals on the walls for Noah’s Ark. This is a great reminder of our Christian heritage.
- **Prayer Breakfast:** This is an event that is celebrated all over the world on the National Day of Prayer. At the YMCA, we bring in a guest speaker to give us a spiritual message and allow our members and community to join us in our efforts to pray. This is free breakfast!
- **Character Development:** One way to inspire others to take collective action to strengthen our community is through our Character Development. We have four core values we follow; Caring, Honesty, Respect and Responsibility. Each of these core values are stressed in our programs and displayed on our bulletin boards throughout the YMCA. They are also splattered on the walls in the Youth Fitness Center and Game Room.
- **Corporate Cup Challenge:** This event targets businesses and companies in town to compete for a travelling Cup trophy. There are over 400 participants doing two events four times a week for three weeks. Before each event starts, we begin with a prayer!