

BE A LEADER. BE A LIFEGUARD.

LIFEGUARD TRAINING/REVIEW

GARDEN CITY FAMILY YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LIFEGUARD TRAINING

AGES: 15 years & older **DATES:** April 20 - 23, 2023

TIMES: Thursday 5pm-9pm

Friday 5pm-9pm Saturday 10am-5pm Sunday 10am-3pm

PRICE: \$200 for Members & Non Members

Ask about our Helping Hands
Scholarship Program!

NOTE: If you are unable to participate for

any reason, please give 48 hours notice before the first day of class to receive a full refund. After the 48 hour mark you will receive a \$50

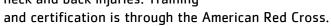
refund

QUESTIONS: Aaron Riojas, Aquatics Coordinator

(P) 620.275.1199 Ext. 210 (E) ariojas@ymcaswkansas.org

DESCRIPTION

American Red Cross Lifeguard Training is ideal for people who want to work at traditional pools. The course teaches professionalism, patron and facility surveillance, victim recognition, equipment-based rescues, and caring for head, neck and back injuries. Training



REQUIREMENTS

- Must be at least 15 years of age by the last day of class.
- Successful completion of pre-course session consisting of a swimming skills test.
- Bring an electronic device to read off of, swim suit, towel, bottle of water, & snacks/meals.
- Lifeguard review must obtain a current certification

Job Opportunity:

Sign a contract with the YMCA and we will waive a percentage of your fee:

25% OFF: Lifeguard for one year!

50%: Lifeguard & swim instructor for one year!

GET SIGNED UP TODAY!

Lifeguard	Training	/Review	Registra	tion
-----------	-----------------	---------	----------	------

REGISTRATION FORM	l: (write attending date) LGT	LGR		
PARTICIPANT NAME:		AGE:	DOB:	_
ADDRESS: EMERGENCY CONTACT:				_
HOME #	CELL #	ALTERNATE#		
EMAIL:				_