



BE A LEADER. BE A LIFEGUARD.

LIFEGUARD TRAINING/REVIEW

GARDEN CITY FAMILY YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LIFEGUARD TRAINING

AGES: 15 years & older

DATES: April 20 - 23, 2023

TIMES: Thursday 5pm-9pm
Friday 5pm-9pm
Saturday 10am-5pm
Sunday 10am-3pm

PRICE: \$200 for Members & Non Members

**Ask about our Helping Hands
Scholarship Program!**



NOTE: If you are unable to participate for any reason, please give 48 hours notice before the first day of class to receive a full refund. After the 48 hour mark you will receive a \$50 refund

QUESTIONS: Aaron Riojas, Aquatics Coordinator
(P) 620.275.1199 Ext. 210
(E) ariojas@ymcaswkansas.org

DESCRIPTION

American Red Cross Lifeguard Training is ideal for people who want to work at traditional pools. The course teaches professionalism, patron and facility surveillance, victim recognition, equipment-based rescues, and caring for head, neck and back injuries. Training and certification is through the American Red Cross.



REQUIREMENTS

- Must be at least 15 years of age by the last day of class.
- Successful completion of pre-course session consisting of a swimming skills test.
- Bring an electronic device to read off of, swim suit, towel, bottle of water, & snacks/meals.
- Lifeguard review - must obtain a current certification

Job Opportunity:

Sign a contract with the YMCA and we will waive a percentage of your fee:

25% OFF: Lifeguard for one year!

50%: Lifeguard & swim instructor for one year!

GET SIGNED UP TODAY!

Lifeguard Training/Review Registration

REGISTRATION FORM: (write attending date) LGT _____ LGR _____

PARTICIPANT NAME: _____ AGE: _____ DOB: _____

ADDRESS: _____

EMERGENCY CONTACT: _____

HOME # _____ CELL # _____ ALTERNATE# _____

EMAIL: _____