



Garden City Family YMCA's 30th Annual

Corporate Cup Challenge

An Event For Every Lifestyle!

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

The Corporate Cup Challenge is an annual program hosted by the YMCA that is designed to encourage staff and community collaboration through participation in healthy lifestyle activities. The Challenge will include approximately 25 individual and team events for you and your staff to compete in!

A designated team captain will be responsible for communicating with their team, to help with preparation and to clarify the team's understanding of the events.

Small division= Company with 75 or fewer employees.
(Max: 30 team members)

Large division= Company with 75 or more employees.
(Max: 40 team members)

**If you don't have enough people to form a team, contact us and we'll combine you with another team. You may also choose to select the business you team up with!*



All employees at companies registered for the challenge will receive

30 DAYS FREE

at the GARDEN CITY FAMILY YMCA & THE DOME from 09/22-10/22

When: October 4 - October 22
(Events in evenings and on Saturdays)

Deadline to sign up: September 20

Fee: \$450 per small division team
\$600 per large division team
50% discount per additional team within the same business.

All registered team members will receive a free t-shirt displaying their team name!

Questions:

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