



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GAIN AN EDGE

Basketball Training

THE DOME, A YMCA ACTIVITY CENTER

Deadline: Ongoing
Location: The Dome
Days/Times: By appointment



Individual Fees:	1 Session	\$30 each
	2 to 10 Sessions	\$25 each
	11 or more	\$20 each
Group Fee (3+):	1 Session	\$25/each person
	2 to 10 Sessions	\$20/each person
	11 or more	\$15/each person

**Non-member prices are double the listed price*

Questions:

Stacy Castoe, Dome & Healthy Initiatives Director
(P) 620.275.1199 ext. 101
(E) scastoe@ymcaswkansas.org

**Ask about our Helping Hands
Scholarship Program!**



JOIN TODAY!

*Upgrade to a membership
today as a participant*

NO CHARGE!

Save over \$100!

*Already a member? Recruit
a friend & pay much less.
Get details at signup.*

Benefits of Extra Training?

- ◇ Increased Speed
- ◇ Increased Agility
- ◇ Improved Conditioning
- ◇ Gaining a Competitive Edge
- ◇ Increased Acceleration and Power
- ◇ Improved Balance and Body Awareness
- ◇ Increase Flexibility
- ◇ Improve upon skills

Basketball Training Registration Form

Coach: Derek Algrim Manuel Guzman Ebony Allen Steven Lynch

NAME: _____ ADDRESS: _____

D.O.B. _____ HOME PHONE: _____

CELL PHONE: _____ E-MAIL _____ SESSIONS: _____

EMERGENCY CONTACT: _____ EMERGENCY CONTACT #: _____

PARENT (IF UNDER 18) _____ PHONE: _____