



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GET HEALTHY TOGETHER

100 Miles Swim Club

The Garden City Family YMCA

Join the Garden City Family YMCA 100 Mile Swim Club!!

Requirements: Swim 100 miles in the Garden City Family YMCA pool. Log your miles daily on a sheet provided in the lap pool.

Reward: Have a brick painted on the wall with your name.

Entry Fee: \$15

Start Date: January 1, 2024

Questions: Nina Rankin, Aquatics & Healthy Initiatives Director
(P) 620-275-1199 ext. 210
(E) nrankin@ymcaswkansas.org

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***Must be a YMCA member to participate.**